

International Journal of Clinical Case Reports and Reviews

Prasenjit Jana*

Open Access

Review Article

Changing words with AI helps us mentally

Prasenjit Jana

Mugkalyan, Bagnan, Howrah, West Bengal, India.

Corresponding Author: Prasenjit Jana, Mugkalyan, Bagnan, Howrah, West Bengal, India.

Received Date: March 01 2023 | Accepted Date: March 13 2023 | Published Date: March 21 2023

Citation: Jana P. (2023), Changing words with AI helps us mentally, *International Journal of Clinical Case Reports and Reviews*. 13(3); DOI:10.31579/2690-4861/299

Copyright: © 2023 Prasenjit Jana, This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

Abstract

The words of a person can be positive or negative for another person. If we create the negative words to positive with respect to others then we can live a happy life. The doctor must take the help of a relative of a patient to treat the patient with words, where the close relative will act as a mediator between doctor and patient to convert negative words to positive to the patients and also negative words to positive to the doctor as required. If we use artificial intelligence (AI) then our problem will be solved.

Keywords: diseases; mentality; brain

Actually, I am indicating vocal therapy with my own point of view. If there is some machine to convert all the words to us as favorable all the time then there will be less diseases, but there is not such a machine or converter of sound I have seen. If we get that type of machine in front of our ear then we can overcome many problems though by using headphones we can overcome many problems. If we can use these headphones adjusted with some computer with AI (artificial intelligence) then it will work all the time and we can hear good words all time whenever the outer world is with some bad words. So, fix your mind to the words of that computer then you can be happy all the time because all the time that sounds will be satisfactory to you. So, for any disease the satisfactory words are needed for the patient to overcome mental illness or to fight the diseases from the inner mental force of the patient. AI is needed for the computer or laptop or smartphone to connect with the patient. AI (artificial intelligence) can help us from this word effect of us or for a child the mental force can be increased by this. Though when there is not available of this type of AI related help, we can use a person or relative of a patient to treat the patient as the relative always says the positive thing to both doctor and patient.

Similar activities can be seen in any other things. Like in education, to mutual understanding or in other cases. Up to this in case of all of these the middle man like the relative must be good for a good outcome but as he or she is human so he or she can make mistakes but if we apply AI then the mistake must be less than before. Where we go, the phone must alert us by AI (artificial intelligence) or with adjustable other phones that my work is good or bad, my actions are indicating some diseases of me or not, my education is in the right way or not, or simply my mental health is good or bad, etc.